

Prenatal Yoga Center BIPOC Teacher Training Scholarship Application

Applicant Information

Name				
Address	City	State	Zip	
Phone	Email			
Emergency Contact				
Name				
Relationship	Phone			

Description

Our BIPOC Diversity Scholarship is a partial tuition scholarship for yoga teachers applying to the Prenatal Yoga Center's 85-Hour Teacher Training.

We at PYC are committed to dismantling the systemic racial injustice in the yoga community and beyond. Our intention in offering this scholarship is to encourage more diverse teaching voices in our community, while amplifying and empowering underrepresented populations.

Requirements to Apply

This scholarship is intended for applicants who:

- Identify as a BIPOC
- Have completed a minimum of a 200-hour yoga teacher training
- Have a consistent yoga practice and desire to teach
- Are able to commit to all scheduled dates and times of the training program

To apply for the scholarship, please submit a 1-2 page essay which addresses the following:

- 1. Indicate your experience in the following areas:
 - a. Personal Yoga & Meditation Practice
 - b. Teaching Yoga & Meditation
 - c. Doula, Childbirth Education, Midwifery or Childbirth Advocacy

- 2. Why do you want to take this teacher training?
- 3. Which yoga trainings have you completed or are currently enrolled in?
- 4. How did you hear about this program?
- 5. Describe your present state of health, including any physical or mental conditions that your instructor should be aware of.
- 6. Is financial hardship a factor for you?

Next Steps

All applications will be reviewed after the submission deadline, and you may be contacted for a brief phone interview. If you are granted a scholarship, you will be asked to confirm your acceptance with a non-refundable deposit within one week.

Application Deadline: _____

Teacher Training Program Requirements

- Schedule and take a 10 minute welcome call with Deb
- Review all 4 modules and watch the corresponding video
- Participate in webinars with Deb or view them at a later time
- Complete the book list
- Complete all written assignments
- Participate in a Google chat with Deb if you would like to ask further questions
- Complete both weekend intensives with Deb and Caprice
- Audit a local childbirth education class
- Complete final written exam
- Record 75 minute prenatal yoga class with at least 3 pregnant women and send to Prenatal Yoga Center

Tuition & Refund Policy

- Full payment is due as indicated before the first day of the training.
- A non-refundable deposit of your scholarship total is required to hold your space in the program. The balance is due according to the tuition policy.
- We accept cash, checks, Visa or MasterCard.
- We charge a \$25 returned check fee.
- Make checks payable to: hosting studio
- Refunds are available up to three weeks before the training begins minus a \$550 handling fee. After this time NO refund or credit will be given if you decide not to attend.
- Once the manual and membership website is released to the participants, if you decide not to continue for any reason, no refund or credit will be given.
- All fees and schedules are subject to change without notice.
- We welcome pregnant students! However, if your due date falls before the final exam or if your current work or life leaves little time for extracurricular activities, we strongly urge you to take the training later, when you have more time to devote to the coursework. Due to the nature of the Teacher Training, we cannot accommodate missed modules. Both weekend intensives need to be attended to complete the program.
- Prenatal Yoga Center, LLC is allowed to use the image of the participants for any lawful purpose, including for example such purposes as social media, publicity, illustration, advertising and web content unless otherwise indicated by teacher trainee.

I certify that the above information is true and complete to the best of my knowledge and that I will not hold Prenatal Yoga Center, LLC, hosting studio or my instructor liable for any mishaps arising from my participation in yoga class.