

Prenatal Yoga Center Teacher Training Application

Name: _____

Address: _____

Phone Number: _____

Email Address: _____

In case of emergency contact:

Name: _____

Relationship: _____

Phone Number: _____

Please indicate your experience in the following areas:

Personal yoga and mediation practice

Teaching yoga and meditation

Doula, childbirth education, midwifery, childbirth advocacy

Why do you want to take this teacher training?

What yoga trainings have you completed or are currently enrolled in?

How did you hear about this program?

Describe your present state of health - Please list any physical or mental conditions that your instructor should be aware of. (Use back of page if necessary.)

Requirements

- 10 Class observation from PYC teachers
- 4 Classes of assisting PYC teachers with hand-on adjustments
- Attendance of weekend Childbirth Education class and Partner Yoga and Massage Workshop
- Independent study (practical portion of the course), including hands-on adjustments and leading practice classes
- Participation in study groups (to provide support, deepen your understanding and cultivate curiosity)
- Complete reading list
- Written essays on various childbirth related topics
- Written Final examination
- Each trainee Teaching a 75 minute final class to the PYC community
- All homework assignments, class observations, hand on adjustment classes and required workshops must be completed by the final class.

Tuition and Refund Policy

- Full payment is due as indicated before the first day of the training.
- A non-refundable deposit of \$550 is required to hold your space in the program. The balance is due according to the tuition policy. Should you cancel your spot, the \$550 deposit cannot be applied to a future training.
- We accept cash, checks, Visa or MasterCard.
- We charge a \$25 returned check fee.
- Make checks payable to: Prenatal Yoga Center.
- Refunds are available up to three weeks before the training begins minus a \$550 handling fee. After this time NO refund or credit will be given if you decide not to attend.
- Once the training begins, if you decide not to continue for any reason, no refund or credit will be given.
- All fees and schedules are subject to change without notice.
- If you are pregnant and your due date falls before the final exam or if your current work or life leaves little time for extracurricular activities, we strongly urge you to take the training later, when you have more time to devote to the coursework. If you miss a module in the NYC training, you can either make up the time during the next Teacher Training or make up the time one-on-one with a teacher trainer at cost to the student.

*** Please note, due to the nature of the Traveling Teacher Training, we cannot accommodate missed modules. Both weekend intensives need to be attended to complete the Traveling TT program.*

I certify that the above information is true and complete to the best of my knowledge and that I will not hold Prenatal Yoga Center, LLC or my instructor liable for any mishaps arising from my participation in yoga class.

Signature: _____

Date: _____